

Cardiac Surgery / Procedure

CLIENT CARE PLAN

Client: *Pathways , CarePlan

Client ID#: 1165425300

Admission Date: 12-06-2006

1165425300

12-06-2006

29 Circulation

Potential Problem

Admission Rating **K** **B** **S**
 Desired Outcome **K** **B** **S**

<i>Cat.</i>	<i>Target</i>	<i>Care Description Note</i>
TGC	Anatomy/Physiology	Circulatory System 1) Normal Heart 2) CAD disease process
TGC	Signs/Symptoms-Physical	When to Notify Providers Instruct to report: Chest pain, Dyspnea, Palpitations, Irregular Rhythm, Increase in Wt (2#/day or 5#/wk), Abnormal changes in Incision Drainage
TGC	Cardiac Care	Identify / Change Factors that Increase Symptoms Help client identify lifestyle factors that contribute to an increased risk of cardiac impairment
TGC	Coping Skills	Dealing with Disease Process 1) Stress Management 2) Support Group 3) Consider SW referral
CM	Support Group	Age / Cultural / Condition-Specific Group for Heart Disease, etc. 1) Identify support system 2) Help client find local resources 3) Provide telephone support/ reassurance 4) Consider SW referral
S	Signs/Symptoms-Mental/Emotional	Adjustment / Coping Mechanisms Depression screening
TGC	Cardiac Care	Cardiac Rehabilitation Program Importance of Cardiac Rehab

26 Skin

Potential Problem

Admission Rating **K** **B** **S**
 Desired Outcome **K** **B** **S**

<i>Cat.</i>	<i>Target</i>	<i>Care Description Note</i>
TGC	Anatomy/Physiology	Healing Process
TGC	Dressing Change/Wound Care	Recommended Technique
TGC	Infection Precautions	Hand Washing 1) Disposal of dressings 2 Clean Environment 3) Protect incision
S	Signs/Symptoms-Physical	Evidence of Disease / Infection or Healing 1) Note drainage type, color, amount & odor 2) Note incision measurements

Cardiac Surgery/Procedure (2)

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Cat.	Target	Care Description Note
TP	Dressing Change/Wound Care	Other Dressing change as indicated