

## MSS POSTPARTUM

| <b>Problem</b> | <b>Category</b> | <b>Target</b>       | <b>Guide</b>  |
|----------------|-----------------|---------------------|---|
| Income         | Assess (Surv )  | medical/dental care | insurance coverage  |
| Income         | Assess (Surv)   | finances *          | food availability   |
| Income         | Assess (Surv)   | finances            | income versus expenses  |
| Income         | Assess (Surv)   | education           | level completed   |
| Income         | Assess (Surv)   | transportation      | availability & knowledge of resources                                       |
| Income         | Teach (TGC)     | finances            | budgeting   |
| Income         | Teach (TGC)     | finances            | community resources   |
| Income         | Teach (TGC)     | education           | school attendance; job skills   |
| Income         | Manage (CMgt)   | medical/dental care | Health Outreach Worker; CSO   |
| Income         | Manage (CMgt )  | finances            | community resources   |
| Income         | Manage (CMgt)   | finances            | food bank   |
| Income         | Manage (CMgt)   | finances            | governmental health/social service assistance                               |
| Income         | Manage (CMgt )  | finances            | WIC   |
| Income         | Manage (CMgt )  | transportation      | BF Transit - rider information; People for People                           |
| Residence      | Assess (Surv)   | safety              | presence of smoke detector  |
| Residence      | Assess (Surv)   | home                | housing status  |
| Residence      | Assess (Surv)   | home                | presence of hazards   |
| Residence      | Teach (TGC)     | safety              | store/remove unsafe substance; ; fire prevention/safety; storage of weapons |
| Residence      | Teach (TGC)     | home                | community resources   |

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| Residence            | Manage (CMgt) | home                        | public/governmental housing;<br>community support systems   |
| Caretaking/parenting | Assess (Surv) | coping skills               | adaptation/flexibility to demands   |
| Caretaking/parenting | Assess (Surv) | support system              | FOB involvement; family involvement   |
| Caretaking/parenting | Assess (Surv) | caretaking/parenting skills | infant/child care; parent/infant interaction  |
| Caretaking/parenting | Assess (Surv) | stimulation/nurturance      | age appropriate interaction   |
| Caretaking/parenting | Assess (Surv) | bonding/attachment          | mutual responsiveness; eye contact  |
| Caretaking/parenting | Assess (Surv) | medical/dental care         | adequate/appropriate; follows plan of care  |
| Caretaking/parenting | Assess (Surv) | day care/                   | respite plans for child care during delivery/upon return to work                                      |
| Caretaking/parenting | Perform (T&P) | bonding/attachment          | NCAST Feeding   |
| Caretaking/parenting | Perform (T&P) | bonding/attachment          | NCAST Teaching  |
| Caretaking/parenting | Teach (TGC)   | growth/development          | care maturation of child; growth spurts; growth patterns; realistic expectations                      |
| Caretaking/parenting | Teach (TGC)   | sickness/injury care        | temperature taking; recognition/care of sick child/adult; when to contact medical provider            |
| Caretaking/parenting | Teach (TGC)   | safety                      | car seats/seat belts  |
| Caretaking/parenting | Teach (TGC)   | safety                      | concerns for each stage of development/condition  |
| Caretaking/parenting | Teach (TGC)   | safety                      | "Have a Plan", shaken baby syndrome   |
| Caretaking/parenting | Teach (TGC)   | safety                      | safe sleep environment/SIDS precautions   |
| Caretaking/parenting | Teach (TGC)   | positioning                 | hold to feed infant; back sleeping position for infant; stomach position for infant's supervised play |
| Caretaking/parenting | Teach (TGC)   | feeding procedures          | appropriate methods for age/physical condition;   |
| Caretaking/parenting | Teach (TGC)   | feeding procedures          | breast-feeding; supply vs demand; importance/benefits of  |
| Caretaking/parenting | Teach (TGC)   | feeding procedures          | feeding/satiation cues  |

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| Caretaking/parenting | Teach (TGC)   | feeding procedures     | formula preparation/storage; hazards of bottle propping  |
| Caretaking/parenting | Teach (TGC)   | feeding procedures     | nutritional requirements for age/physical condition  |
| Caretaking/parenting | Teach (TGC)   | feeding procedures     | pacifier use   |
| Caretaking/parenting | Teach (TGC)   | feeding procedures     | positioning, latch on, frequency, pumping & storing  |
| Caretaking/parenting | Teach (TGC)   | rest/sleep             | amount needed; planned rest; conducive environment; day/night schedule                               |
| Caretaking/parenting | Teach (TGC)   | anatomy/physiology     | newborn characteristics  |
| Caretaking/parenting | Teach (TGC)   | personal hygiene       | skin care; hair/scalp care; cord care; circumcision care; nail care; oral health, diapering; bathing |
| Caretaking/parenting | Teach (TGC)   | coping skills          | stress reduction; planned time away; self care   |
| Caretaking/parenting | Teach (TGC)   | stimulation/nurturance | age appropriate games/play/toys  |
| Caretaking/parenting | Teach (TGC)   | stimulation/nurturance | age appropriate touching, holding, cuddling, & constraining  |
| Caretaking/parenting | Teach (TGC)   | stimulation/nurturance | verbal; visual   |
| Caretaking/parenting | Teach (TGC)   | bonding/attachment     | activities to promote  |
| Caretaking/parenting | Teach (TGC)   | bonding/attachment     | Keys to Caregiving   |
| Caretaking/parenting | Teach (TGC)   | bonding/attachment     | respond to infant's cues/states  |
| Caretaking/parenting | Teach (TGC)   | medical/dental care    | choosing a primary medical provider  |
| Caretaking/parenting | Teach (TGC)   | medical/dental care    | routine/preventive care; well-child/immunizations  |
| Caretaking/parenting | Teach (TGC)   | legal system           | Child Support Enforcement, Paternity Affidavit   |
| Caretaking/parenting | Teach (TGC)   | legal system           | Residence/Custody Planning   |
| Caretaking/parenting | Teach (TGC)   | day care/respite       | plan for regular day care; plan for emergency/alternative day care                                   |
| Caretaking/parenting | Manage (CMgt) | safety                 | infant CPR class   |
| Caretaking/parenting | Manage (CMgt) | safety                 | WSP fit site; HMO - car seat assistance  |

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| Caretaking/parenting | Manage (CMgt) | feeding procedures              | Lactation Educator; WIC  |
| Caretaking/parenting | Manage (CMgt) | caretaking/parenting skills     | parenting classes  |
| Caretaking/parenting | Manage (CMgt) | stimulation/nurturance          | Ready for Kindergarten, OBCW   |
| Caretaking/parenting | Manage (CMgt) | legal system                    | Paternity Hotline; Prosecuting attorney  |
| Caretaking/parenting | Manage (CMgt) | other community resources       | advocate for community services; respite, support groups, social groups                                |
| Abuse                | Assess (Surv) | signs/symptoms-physical         | *unexplained injuries; evidence of physical abuse; fear of partner/home life                           |
| Abuse                | Assess (Surv) | signs/symptoms-mental/emotional | *fear of abuser/partner; s/s emotional abuse; diminishing self-esteem                                  |
| Postpartum           | Assess (Surv) | signs/symptoms-                 | physical engorged/infected breasts   |
| Postpartum           | Assess (Surv) | signs/symptoms-                 | physical engorged/infected breasts   |
| Postpartum           | Assess (Surv) | signs/symptoms-                 | physical lochia, incision/episiotomy, elimination  |
| Postpartum           | Assess (Surv) | signs/symptoms                  | -physical vital signs/blood pressure   |
| Postpartum           | Assess (Surv) | signs/symptoms                  | -mental/emotional baby blues; postpartum depression; EPDS score  |
| Postpartum           | Assess (Surv) | dietary management              | follows recommended diet; adequate calories, nutrients & fluids for postpartum recover & breastfeeding |
| Postpartum           | Assess (Surv) | dietary management              | weight   |
| Postpartum           | Assess (Surv) | coping skills                   | relationships with partner/family; body image  |
| Postpartum           | Assess (Surv) | support system                  | family/partner support   |
| Postpartum           | Assess (Surv) | medical/dental care             | last vision/dental exams   |
| Postpartum           | Assess (Surv) | medical/dental care             | receives care when scheduled; adequate/appropriate   |
| Postpartum           | Perform (T&P) | signs/symptoms                  | -mental/emotional administer EPDS  |
| Postpartum           | Perform (T&P) | screening procedures            | weight   |

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| Postpartum | Perform (T&P) | screening procedures           | weight  |
| Postpartum | Teach (TGC)   | signs/symptoms-                | physical expected physiological changes;<br>constipation/hemorrhoids/lochia     |
| Postpartum | Teach (TGC)   | signs/symptoms-                | physical guidance on resumption of sexual activity; risk for infection          |
| Postpartum | Teach (TGC)   | signs/symptoms-                | physical s/s engorgement & mastitis;<br>when to notify providers                |
| Postpartum | Teach (TGC)   | signs/symptoms                 | -mental/emotional baby blues;<br>postpartum depression                          |
| Postpartum | Teach (TGC)   | signs/symptoms-                | mental/emotional expected emotional changes; current and predicted life changes |
| Postpartum | Teach (TGC)   | dressing change/wound care     | episiotomy care; Cesarean section care; hemorrhoid care                         |
| Postpartum | Teach (TGC)   | exercises                      | appropriate mode, frequency, and duration for stage of postpartum               |
| Postpartum | Teach (TGC)   | exercises                      | pelvic floor muscle strengthening/Kegel exercises                               |
| Postpartum | Teach (TGC)   | medication action/side effects | effects on breastmilk supply; transmission via                                  |
| Postpartum | Teach (TGC)   | medication action/side effects | prescription/OTC  |
| Postpartum | Teach (TGC)   | dietary management             | expected weight changes   |
| Postpartum | Teach (TGC)   | dietary management             | lactation needs; recommended food and fluid intake                              |
| Postpartum | Teach (TGC)   | dietary management             | postnatal vitamins and minerals   |
| Postpartum | Teach (TGC)   | rest/sleep                     | naps; need for increased rest; need for assistance from family/others           |
| Postpartum | Teach (TGC)   | anatomy/physiology             | lactation-engorgement, colostrum, physical problems, nipple/breast care         |
| Postpartum | Teach (TGC)   | anatomy/physiology             | normal physiological changes; common discomforts                                |
| Postpartum | Manage (CMgt) | signs/symptoms-                | mental/emotional Primary Care Provider  |
| Postpartum | Manage (CMgt) | dietary management             | Registered Dietitian  |
| Postpartum | Manage (CMgt) | support system                 | lactation educator  |

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| Postpartum    | Manage (CMgt) | medical/dental                  | care coordination among providers; postpartum exam  |
| Postpartum    | Manage (CMgt) | medical/dental care             | dental/vision provider  |
| Postpartum    | Manage (CMgt) | nursing care                    | Public Health Nurse   |
| Postpartum    | Manage (CMgt) | social work/counseling care     | Behavioral Health Specialist  |
| Postpartum    | Manage (CMgt) | social work/counseling care     | counselor   |
| Postpartum    | Manage (CMgt) | durable medical equipment       | breast pump   |
| Substance use | Assess (Surv) | signs/symptoms-physical         | withdrawal/cravings   |
| Substance use | Assess (Surv) | signs/symptoms-mental/emotional | identified triggers   |
| Substance use | Assess (Surv) | behavior modification           | readiness to change   |
| Substance use | Assess (Surv) | substance use cessation         | *alcohol use  |
| Substance use | Assess (Surv) | substance use cessation         | following cessation plan  |
| Substance use | Assess (Surv) | substance use cessation         | *illicit drug use   |
| Substance use | Assess (Surv) | substance use cessation         | *prescription medication use  |
| Substance use | Assess (Surv) | substance use cessation         | *tobacco use  |
| Substance use | Assess (Surv) | substance use cessation         | use pattern   |
| Substance use | Assess (Surv) | environment                     | exposure to secondhand smoke  |
| Substance use | Teach (TGC)   | behavior modification           | motivate change; decrease/stop smoking/tobacco use; decrease/stop alcohol use; decrease/stop "street" drug use; decrease/stop prescription medication use |
| Substance use | Teach (TGC)   | substance use cessation         | effects of drug use, alcohol, smoking on fetus  |
| Substance use | Teach (TGC)   | substance use cessation on self | effects of use  |
| Substance use | Teach (TGC)   | coping skills                   | managing responsibilities safely  |

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| Substance use   | Teach (TGC)   | coping skills                  | strategies to deal with behavior triggers;  |
| Substance use   | Teach (TGC)   | coping skills                  | strategies to support behavior/lifestyle change   |
| Substance use   | Teach (TGC)   | environment                    | effects of second hand smoke on client/fetus  |
| Substance use   | Teach (TGC)   | environment                    | ways to avoid second hand smoke exposure  |
| Substance use   | Manage (CMgt) | substance use cessation        | Quit Line; Fax back form  |
| Substance use   | Manage (CMgt) | support group.                 | age/cultural/condition-specific groups for alcohol, drug, tobacco use, etc                      |
| Substance use   | Manage (CMgt) | support group                  | Safe Babies, Safe Moms  |
| Substance use   | Manage (CMgt) | medical/dental care            | provider for pharmacological management   |
| Substance use   | Manage (CMgt) | other community resources      | detoxification centers; treatment centers   |
| Family planning | Assess (Surv) | family planning care           | adverse effects of method   |
| Family planning | Assess (Surv) | family planning care           | barriers to using birth control   |
| Family planning | Assess (Surv) | family planning care           | compliance with method  |
| Family planning | Assess (Surv) | family planning care           | preferences   |
| Family planning | Assess (Surv) | family planning care           | STI Prevention  |
| Family planning | Teach (TGC)   | medication action/side effects | effects on breastmilk supply  |
| Family planning | Teach (TGC)   | medication action/side effects | important to take as prescribed   |
| Family planning | Teach (TGC)   | finances                       | sources of lower/no cost medications/supplies; Family Planning Only coupon; Take Charge program |
| Family planning | Teach (TGC)   | family planning care           | barriers to using birth control; preferences  |
| Family planning | Teach (TGC)   | family planning care           | methods   |
| Family planning | Teach (TGC)   | family planning care           | resources to obtain care  |

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| Family planning | Teach (TGC)   | family planning care | safe sex methods; sexually transmitted disease prevention    |
| Family planning | Manage (CMgt) | family planning care | community clinics; private physician-nurse providers/clinics |