

## MSS POSTPARTUM

<b>Problem</b>	<b>Category</b>	<b>Target</b>	<b>Guide</b>
Income	Assess (Surv )	medical/dental care	insurance coverage
Income	Assess (Surv)	finances *	food availability
Income	Assess (Surv)	finances	income versus expenses
Income	Assess (Surv)	education	level completed
Income	Assess (Surv)	transportation	availability & knowledge of resources
Income	Teach (TGC)	finances	budgeting
Income	Teach (TGC)	finances	community resources
Income	Teach (TGC)	education	school attendance; job skills
Income	Manage (CMgt)	medical/dental care	Health Outreach Worker; CSO
Income	Manage (CMgt )	finances	community resources
Income	Manage (CMgt)	finances	food bank
Income	Manage (CMgt)	finances	governmental health/social service assistance
Income	Manage (CMgt )	finances	WIC
Income	Manage (CMgt )	transportation	BF Transit - rider information; People for People
Residence	Assess (Surv)	safety	presence of smoke detector
Residence	Assess (Surv)	home	housing status
Residence	Assess (Surv)	home	presence of hazards
Residence	Teach (TGC)	safety	store/remove unsafe substance; ; fire prevention/safety; storage of weapons
Residence	Teach (TGC)	home	community resources

Residence	Manage (CMgt)	home	public/governmental housing; community support systems
Caretaking/parenting	Assess (Surv)	coping skills	adaptation/flexibility to demands
Caretaking/parenting	Assess (Surv)	support system	FOB involvement; family involvement
Caretaking/parenting	Assess (Surv)	caretaking/parenting skills	infant/child care; parent/infant interaction
Caretaking/parenting	Assess (Surv)	stimulation/nurturance	age appropriate interaction
Caretaking/parenting	Assess (Surv)	bonding/attachment	mutual responsiveness; eye contact
Caretaking/parenting	Assess (Surv)	medical/dental care	adequate/appropriate; follows plan of care
Caretaking/parenting	Assess (Surv)	day care/	respite plans for child care during delivery/upon return to work
Caretaking/parenting	Perform (T&P)	bonding/attachment	NCAST Feeding
Caretaking/parenting	Perform (T&P)	bonding/attachment	NCAST Teaching
Caretaking/parenting	Teach (TGC)	growth/development	care maturation of child; growth spurts; growth patterns; realistic expectations
Caretaking/parenting	Teach (TGC)	sickness/injury care	temperature taking; recognition/care of sick child/adult; when to contact medical provider
Caretaking/parenting	Teach (TGC)	safety	car seats/seat belts
Caretaking/parenting	Teach (TGC)	safety	concerns for each stage of development/condition
Caretaking/parenting	Teach (TGC)	safety	"Have a Plan", shaken baby syndrome
Caretaking/parenting	Teach (TGC)	safety	safe sleep environment/SIDS precautions
Caretaking/parenting	Teach (TGC)	positioning	hold to feed infant; back sleeping position for infant; stomach position for infant's supervised play
Caretaking/parenting	Teach (TGC)	feeding procedures	appropriate methods for age/physical condition;
Caretaking/parenting	Teach (TGC)	feeding procedures	breast-feeding; supply vs demand; importance/benefits of
Caretaking/parenting	Teach (TGC)	feeding procedures	feeding/satiation cues

Caretaking/parenting	Teach (TGC)	feeding procedures	formula preparation/storage; hazards of bottle propping
Caretaking/parenting	Teach (TGC)	feeding procedures	nutritional requirements for age/physical condition
Caretaking/parenting	Teach (TGC)	feeding procedures	pacifier use
Caretaking/parenting	Teach (TGC)	feeding procedures	positioning, latch on, frequency, pumping & storing
Caretaking/parenting	Teach (TGC)	rest/sleep	amount needed; planned rest; conducive environment; day/night schedule
Caretaking/parenting	Teach (TGC)	anatomy/physiology	newborn characteristics
Caretaking/parenting	Teach (TGC)	personal hygiene	skin care; hair/scalp care; cord care; circumcision care; nail care; oral health, diapering; bathing
Caretaking/parenting	Teach (TGC)	coping skills	stress reduction; planned time away; self care
Caretaking/parenting	Teach (TGC)	stimulation/nurturance	age appropriate games/play/toys
Caretaking/parenting	Teach (TGC)	stimulation/nurturance	age appropriate touching, holding, cuddling, & constraining
Caretaking/parenting	Teach (TGC)	stimulation/nurturance	verbal; visual
Caretaking/parenting	Teach (TGC)	bonding/attachment	activities to promote
Caretaking/parenting	Teach (TGC)	bonding/attachment	Keys to Caregiving
Caretaking/parenting	Teach (TGC)	bonding/attachment	respond to infant's cues/states
Caretaking/parenting	Teach (TGC)	medical/dental care	choosing a primary medical provider
Caretaking/parenting	Teach (TGC)	medical/dental care	routine/preventive care; well-child/immunizations
Caretaking/parenting	Teach (TGC)	legal system	Child Support Enforcement, Paternity Affidavit
Caretaking/parenting	Teach (TGC)	legal system	Residence/Custody Planning
Caretaking/parenting	Teach (TGC)	day care/respite	plan for regular day care; plan for emergency/alternative day care
Caretaking/parenting	Manage (CMgt)	safety	infant CPR class
Caretaking/parenting	Manage (CMgt)	safety	WSP fit site; HMO - car seat assistance

Caretaking/parenting	Manage (CMgt)	feeding procedures	Lactation Educator; WIC
Caretaking/parenting	Manage (CMgt)	caretaking/parenting skills	parenting classes
Caretaking/parenting	Manage (CMgt)	stimulation/nurturance	Ready for Kindergarten, OBCW
Caretaking/parenting	Manage (CMgt)	legal system	Paternity Hotline; Prosecuting attorney
Caretaking/parenting	Manage (CMgt)	other community resources	advocate for community services; respite, support groups, social groups
Abuse	Assess (Surv)	signs/symptoms-physical	*unexplained injuries; evidence of physical abuse; fear of partner/home life
Abuse	Assess (Surv)	signs/symptoms-mental/emotional	*fear of abuser/partner; s/s emotional abuse; diminishing self-esteem
Postpartum	Assess (Surv)	signs/symptoms-	physical engorged/infected breasts
Postpartum	Assess (Surv)	signs/symptoms-	physical engorged/infected breasts
Postpartum	Assess (Surv)	signs/symptoms-	physical lochia, incision/episiotomy, elimination
Postpartum	Assess (Surv)	signs/symptoms	-physical vital signs/blood pressure
Postpartum	Assess (Surv)	signs/symptoms	-mental/emotional baby blues; postpartum depression; EPDS score
Postpartum	Assess (Surv)	dietary management	follows recommended diet; adequate calories, nutrients & fluids for postpartum recover & breastfeeding
Postpartum	Assess (Surv)	dietary management	weight
Postpartum	Assess (Surv)	coping skills	relationships with partner/family; body image
Postpartum	Assess (Surv)	support system	family/partner support
Postpartum	Assess (Surv)	medical/dental care	last vision/dental exams
Postpartum	Assess (Surv)	medical/dental care	receives care when scheduled; adequate/appropriate
Postpartum	Perform (T&P)	signs/symptoms	-mental/emotional administer EPDS
Postpartum	Perform (T&P)	screening procedures	weight

Postpartum	Perform (T&P)	screening procedures	weight
Postpartum	Teach (TGC)	signs/symptoms-	physical expected physiological changes; constipation/hemorrhoids/lochia
Postpartum	Teach (TGC)	signs/symptoms-	physical guidance on resumption of sexual activity; risk for infection
Postpartum	Teach (TGC)	signs/symptoms-	physical s/s engorgement & mastitis; when to notify providers
Postpartum	Teach (TGC)	signs/symptoms	-mental/emotional baby blues; postpartum depression
Postpartum	Teach (TGC)	signs/symptoms-	mental/emotional expected emotional changes; current and predicted life changes
Postpartum	Teach (TGC)	dressing change/wound care	episiotomy care; Cesarean section care; hemorrhoid care
Postpartum	Teach (TGC)	exercises	appropriate mode, frequency, and duration for stage of postpartum
Postpartum	Teach (TGC)	exercises	pelvic floor muscle strengthening/Kegel exercises
Postpartum	Teach (TGC)	medication action/side effects	effects on breastmilk supply; transmission via
Postpartum	Teach (TGC)	medication action/side effects	prescription/OTC
Postpartum	Teach (TGC)	dietary management	expected weight changes
Postpartum	Teach (TGC)	dietary management	lactation needs; recommended food and fluid intake
Postpartum	Teach (TGC)	dietary management	postnatal vitamins and minerals
Postpartum	Teach (TGC)	rest/sleep	naps; need for increased rest; need for assistance from family/others
Postpartum	Teach (TGC)	anatomy/physiology	lactation-engorgement, colostrum, physical problems, nipple/breast care
Postpartum	Teach (TGC)	anatomy/physiology	normal physiological changes; common discomforts
Postpartum	Manage (CMgt)	signs/symptoms-	mental/emotional Primary Care Provider
Postpartum	Manage (CMgt)	dietary management	Registered Dietitian
Postpartum	Manage (CMgt)	support system	lactation educator

Postpartum	Manage (CMgt)	medical/dental	care coordination among providers; postpartum exam
Postpartum	Manage (CMgt)	medical/dental care	dental/vision provider
Postpartum	Manage (CMgt)	nursing care	Public Health Nurse
Postpartum	Manage (CMgt)	social work/counseling care	Behavioral Health Specialist
Postpartum	Manage (CMgt)	social work/counseling care	counselor
Postpartum	Manage (CMgt)	durable medical equipment	breast pump
Substance use	Assess (Surv)	signs/symptoms-physical	withdrawal/cravings
Substance use	Assess (Surv)	signs/symptoms-mental/emotional	identified triggers
Substance use	Assess (Surv)	behavior modification	readiness to change
Substance use	Assess (Surv)	substance use cessation	*alcohol use
Substance use	Assess (Surv)	substance use cessation	following cessation plan
Substance use	Assess (Surv)	substance use cessation	*illicit drug use
Substance use	Assess (Surv)	substance use cessation	*prescription medication use
Substance use	Assess (Surv)	substance use cessation	*tobacco use
Substance use	Assess (Surv)	substance use cessation	use pattern
Substance use	Assess (Surv)	environment	exposure to secondhand smoke
Substance use	Teach (TGC)	behavior modification	motivate change; decrease/stop smoking/tobacco use; decrease/stop alcohol use; decrease/stop "street" drug use; decrease/stop prescription medication use
Substance use	Teach (TGC)	substance use cessation	effects of drug use, alcohol, smoking on fetus
Substance use	Teach (TGC)	substance use cessation on self	effects of use
Substance use	Teach (TGC)	coping skills	managing responsibilities safely

Substance use	Teach (TGC)	coping skills	strategies to deal with behavior triggers;
Substance use	Teach (TGC)	coping skills	strategies to support behavior/lifestyle change
Substance use	Teach (TGC)	environment	effects of second hand smoke on client/fetus
Substance use	Teach (TGC)	environment	ways to avoid second hand smoke exposure
Substance use	Manage (CMgt)	substance use cessation	Quit Line; Fax back form
Substance use	Manage (CMgt)	support group.	age/cultural/condition-specific groups for alcohol, drug, tobacco use, etc
Substance use	Manage (CMgt)	support group	Safe Babies, Safe Moms
Substance use	Manage (CMgt)	medical/dental care	provider for pharmacological management
Substance use	Manage (CMgt)	other community resources	detoxification centers; treatment centers
Family planning	Assess (Surv)	family planning care	adverse effects of method
Family planning	Assess (Surv)	family planning care	barriers to using birth control
Family planning	Assess (Surv)	family planning care	compliance with method
Family planning	Assess (Surv)	family planning care	preferences
Family planning	Assess (Surv)	family planning care	STI Prevention
Family planning	Teach (TGC)	medication action/side effects	effects on breastmilk supply
Family planning	Teach (TGC)	medication action/side effects	important to take as prescribed
Family planning	Teach (TGC)	finances	sources of lower/no cost medications/supplies; Family Planning Only coupon; Take Charge program
Family planning	Teach (TGC)	family planning care	barriers to using birth control; preferences
Family planning	Teach (TGC)	family planning care	methods
Family planning	Teach (TGC)	family planning care	resources to obtain care

Family planning	Teach (TGC)	family planning care	safe sex methods; sexually transmitted disease prevention
Family planning	Manage (CMgt)	family planning care	community clinics; private physician-nurse providers/clinics