

# Ramsey County Pathways

## Postpartum

Problems

Interventions

Targets

Client Specific Information

Postpartum

**Case Management**

other

**Surveillance**

medical/dental care

Compliance with medical recommendations

occupational therapy care

MCH pregnancy outcome form completed

signs/symptoms-mental/emotional

Postpartum depression: Ucare postpartum depression screening tool.

signs/symptoms-mental/emotional

Postpartum depression

**TGC**

anatomy/physiology

Common discomforts

anatomy/physiology

Normal physiological changes

coping skills

Normal emotional changes

medical/dental care

Postpartum assessment; medical recommendations and prescriptions; record next appt here

nutrition

Postpartum requirements

personal care

Care of breasts/ nipples; positioning; significance of pain; engorgement

rest/sleep

Activity level/ rest

signs/symptoms-physical

When to notify physician