

Pregnancy Pathway and Charting Guide

Pathway Created on 12-28-05

Problem	Interventions	Targets	Client Specific Information	What to Chart
Pregnancy	CM	Medical/Dental Care	Coordination among providers	Advocacy, referrals, coordination r/t med/dental and arranging/ assisting with transportation
	Surveillance	Medical/Dental Care	Other	S&O r/t medical/dental appts/care
	TGC	Medical/Dental Care	Prenatal Care	Frequency, medical tests/procedures, importance, meaning, schedule, when to access; Dental health r/t pregnancy
	Surveillance	S/s physical	Other	S&O r/t physical health problems
	TGC	S/S physical	Danger signs of pregnancy	UTI, PTL, kick counts, PIH, Infections, Emotional problems
	Surveillance	Dietary Management	Other – food, fluid, vitamin, appetite, food supply	S&O r/t eating/nutrition, food and fluid intake, intolerances, prenatal vitamins, food supply, appetite
	TGC	Dietary Management	Other – food, fluid, vitamin	Food pyramid requirements, nutrients, prenatal vits, food supply, caffeine, intolerances & alternatives, PMMH Unit 7 #1, # 2
	TGC	Anatomy Physiology	Normal Pregnancy Changes	physical pregnancy changes e.g. crowding lungs, bladder, ligaments, extra fluid volume, weight, hormone effects, emotional changes, fatigue & rest needs
	TGC	Anatomy physiology	Common Discomforts	N & v, headaches, constipation, heartburn, swelling, leg cramps, backache, hemorrhoids; prevention and treatment
	TGC	Anatomy physiology	Fetal growth and development	fetus size, characteristics, abilities, brain development – last Unit PMMH
	TGC	Anatomy physiology	Other - Childbirth Preparation	meds, comfort measures, breathing and relaxation, coach's role, medical procedures signs and stages of labor
	TGC	Environment	Other - Exposures, Risks	rubella, chickenpox, CMV, Parvovirus, cat litter, mercury, radiation, bacteria, viruses, heat (sauna), occupational hazards, pesticides; Prevention teaching about potential harm of alcohol, tobacco, street and prescription drugs and OTC meds
	TGC	Exercises	Other – body mechanics, appropriate exercise	Positioning, body mechanics, conditioning, exercise benefits, mode, frequency & duration for stage of pregnancy
	TGC	Safety	Accident/Injury Prevention	Injury/violence prevention, seat belt use
	TGC	Feeding Procedures	Other - Breast, Bottle	Breastfdg benefits, timing, techniques, pumping, storing, prevention of problems; Bottle: formula, preparation, bottle & nipple care
	TGC	Caretaking/Parenting	Other - Preparation for baby's physical/ safety needs	car seat, layette, diapers, equipment, formula, crib, stroller back to sleep, shaken baby

	Surveillance	Bonding/Attachment	Other - Motherhood Transition; Connection with Fetus	S&O r/t acceptance/transition to motherhood; words and actions that indicate that mom has awareness/acceptance of pregnancy/fetus/baby
	TGC	Bonding/attachment	Other - Motherhood role expectations; Connecting with fetus	Motherhood roles and responsibilities - PMMH Unit 1 Entering Motherhood, PMMH Unit 2 Connecting with my Baby, & Unit 3 Attachment, Keys to Caregiving
	Surveillance	Coping Skills	Adaptation/flexibility to demands	S&O r/t managing/coping with pregnancy/parenting, ADLs (jobs,school), and any current issues,
	TGC	Coping Skills	Other - Managing life	Decision making, problem solving, prioritizing, managing stress; emotional reactivity/regulation, self esteem; PMMH Unit 4 Relaxation and Wellbeing, & Unit 5 Honoring the Woman in Me
	Surveillance	Support Systems	Other - FOB, formal and informal supports; Relationships	S&O r/t family, friends, associates and those relationships,
	TGC	Support Systems	Other – FOB, formal and informal supports; relationships	Accessing support, support needs, PMMH Unit 6 Making Space Father's role