

# Pregnancy Induced Hypertension

## CLIENT CARE PLAN

Client: \*Pathways , CarePlan

Client ID#: 1165425300

Admission Date: 12-06-2006

1165425300  
12-06-2006

48 Pregnancy

Potential Problem

<b>Admission Rating</b>	<b>K</b>	<b>B</b>	<b>S</b>
<b>Desired Outcome</b>	<b>K</b>	<b>B</b>	<b>S</b>

<i>Cat.</i>	<i>Target</i>	<i>Care Description Note</i>
S	Signs/Symptoms-Physical	Vital Signs / Blood Pressure Every home visit *especially noting BP sitting & lying on back then left side
S	Signs/Symptoms-Physical	Fetal Heart Tones / Movements Fetal well being via Doptone or EFM
S	Signs/Symptoms-Physical	Other Assess for S/S pre-eclampsia: visual disturbances, abnormal reflexes, epigastric distress, H/A, check urine protein, edema, wt gain (sudden)
S	Other	Other Monitor compliance with activity restrictions
TGC	Positioning	Other Body mechanics Teach left lateral position is best to decrease BP
TGC	Signs/Symptoms-Physical	Danger Signs of Pregnancy Teach danger signs of pre-eclampsia and symptoms to report to RN or MD

Employee Signature \_\_\_\_\_ Date \_\_\_\_\_