St Louis County Public Health  
CURRENT CLIENT CARE PLAN  

Client: Pathway, Antepartum 2009  
Client ID#: 1246396766  
Admission Date: 06-30-2009  

48 Pregnancy  
Potential Problem  
Individual  

Signs & Symptoms:  
Assessment Date: 06-30-2009  
Initial Rating  
K  |  B  |  S  
Last Rating  
K  |  B  |  S  
Target Outcome  
K  |  B  |  S  

<table>
<thead>
<tr>
<th>Cat.</th>
<th>Target</th>
<th>Care Description Note</th>
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</thead>
</table>
| TGC           | Anatomy/Physiology         | Date Created: 06-30-2009  
Other  
Normal pregnancy changes, common discomforts  |
| TGC           | Anatomy/Physiology         | Date Created: 06-30-2009  
Fetal Growth and Development  |
| TGC           | Anatomy/Physiology         | Date Created: 06-30-2009  
Reproductive System  
birth control methods and appropriate use  |
| TGC           | Bonding/Attachment         | Date Created: 06-30-2009  
Attitudes about Pregnancy / Emotional Readiness  |
| TGC           | Bonding/Attachment         | Date Created: 06-30-2009  
Preparation for Baby's Physical Needs  
SIDS prevention (crib safety, car seats, car seat clinics  |
| TGC           | Anatomy/Physiology         | Date Created: 06-30-2009  
Other  
Breastfeeding and bottle feeding, lactation preparation if appropriate  |
| TGC           | Coping Skills              | Date Created: 06-30-2009  
Other  
First Days After Birth flip chart, realistic expectations; baby blues vs.  
postpartum depression  |
| TGC           | Dietary Management         | Date Created: 06-30-2009  
Other  
Appropriate weight gain, recommended food and fluid intake, prenatal  
vitamins & minerals  |
| TGC           | Dietary Management         | Date Created: 06-30-2009  
Other  
Food safety, listeriosis, toxoplasmosis (raw meat), fish consumption  |
| TGC           | Signs/Symptoms-Physical    | Date Created: 06-30-2009  
Other  
Danger signs in pregnancy, PTL, when to notify providers  |
| TGC           | Signs/Symptoms-Physical    | Date Created: 06-30-2009  
Onset of Labor  |
| TGC           | Environment                | Date Created: 06-30-2009  
Exposure to Cat Feces  
Toxoplasmosis  |
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| TGC  | Exercises                  | Date Created: 06-30-2009  
Appropriate Mode, Frequency, and Duration for Stage of Pregnancy  
Kegals                                                          |
| TGC  | Safety                     | Date Created: 06-30-2009  
Other  
Medications (OTC & supplements)                                   |
| TGC  | Substance Use Cessation    | Date Created: 06-30-2009  
Other  
Effects of smoking, alcohol & drug use, prescribed medication use on fetus |
| CM   | Support Group              | Date Created: 06-30-2009  
Age / Cultural / Condition-Specific Group for Pregnancy, Labor, etc.  
FHV - Prenatal classes, breastfeeding classes, LaLeche League, etc. |
| TGC  | Safety                     | Date Created: 06-30-2009  
Use of Seatbelts                                                 |
| S    | Support Group              | Date Created: 06-30-2009  
Other  
FHV - Follow up on referral for prenatal classes, breastfeeding classes,  
LaLeche League, etc.                                              |