

**St Louis County Public Health
CURRENT CLIENT CARE PLAN**

Client: Pathway , Antepartum 2009

Client ID#: 1246396766
Admission Date: 06-30-2009

48 Pregnancy

Potential Problem

Individual

Signs & Symptoms:

Assessment Date: 06-30-2009
Initial Rating **K** **B** **S**
Last Rating **K** **B** **S**
Target Outcome **K** **B** **S**

<i>Cat.</i>	<i>Target</i>	<i>Care Description Note</i>
TGC	Anatomy/Physiology	Date Created: 06-30-2009 Other Normal pregnancy changes, common discomforts
TGC	Anatomy/Physiology	Date Created: 06-30-2009 Fetal Growth and Development
TGC	Anatomy/Physiology	Date Created: 06-30-2009 Reproductive System birth control methods and appropriate use
TGC	Bonding/Attachment	Date Created: 06-30-2009 Attitudes about Pregnancy / Emotional Readiness
TGC	Bonding/Attachment	Date Created: 06-30-2009 Preparation for Baby's Physical Needs SIDS prevention (crib safety), car seats, car seat clinics
TGC	Anatomy/Physiology	Date Created: 06-30-2009 Other Breastfeeding and bottle feeding, lactation preparation if appropriate
TGC	Coping Skills	Date Created: 06-30-2009 Other First Days After Birth flip chart; realistic expectations; baby blues vs. postpartum depression
TGC	Dietary Management	Date Created: 06-30-2009 Other Appropriate weight gain, recommended food and fluid intake, prenatal vitamins & minerals
TGC	Dietary Management	Date Created: 06-30-2009 Other Food safety, listeriosis, toxoplasmosis (raw meat), fish consumption
TGC	Signs/Symptoms-Physical	Date Created: 06-30-2009 Other Danger signs in pregnancy, PTL, when to notify providers
TGC	Signs/Symptoms-Physical	Date Created: 06-30-2009 Onset of Labor
TGC	Environment	Date Created: 06-30-2009 Exposure to Cat Feces Toxoplasmosis

Cat.	Target	Care Description Note
TGC	Exercises	Date Created: 06-30-2009 Appropriate Mode, Frequency, and Duration for Stage of Pregnancy Kegals
TGC	Safety	Date Created: 06-30-2009 Other Medications (OTC & supplements)
TGC	Substance Use Cessation	Date Created: 06-30-2009 Other Effects of smoking, alcohol & drug use, prescribed medication use on fetus
CM	Support Group	Date Created: 06-30-2009 Age / Cultural / Condition-Specific Group for Pregnancy, Labor, etc. FHV - Prenatal classes, breastfeeding classes, LaLeche League, etc.
TGC	Safety	Date Created: 06-30-2009 Use of Seatbelts
S	Support Group	Date Created: 06-30-2009 Other FHV - Follow up on referral for prenatal classes, breastfeeding classes, LaLeche League, etc.