

## Asthma Pathway (Individual)

### Respiration

<i>Category</i>	<i>Target</i>	<i>Care Description Note</i>
S	Continuity of care	Adherence to asthma action plan
S	Durable Medical Equipment	Use of peak flow meter, nebulizer, and holding chamber
S	Signs/Symptoms-Physical	Chest tightness, wheezing, cough, shortness of breath, night awakenings from asthma
TGC	Durable Medical Equipment	Peak flow meter, nebulizer, and holding chamber
TGC	Wellness	Annual influenza vaccine, handwashing
TGC	Signs/Symptoms-Physical	Individual triggers: viral infection, allergies (e.g. grass/pollen), emotions/stress, exercise
TGC	Environment	Air Quality Index; Pollen counts
TGC	Anatomy/physiology	Pathophysiology of asthma
TGC	Signs/Symptoms-Physical	Evidence of Disease/Infection: Signs and symptoms of asthma
TGC	Exercises	Regular physical activity
TGC	Medication Action/Side Effects	Purpose/Benefits: Current asthma management practices including inhaler use, controllers and relievers, and side effects
CM	Medical/Dental Care	Coordination Among Providers: Primary care, asthma care specialist, allergist, school nurse
CM	Other community resources	Financial, housing, transportation, health insurance, educational support, tenants rights

### Sanitation

<i>Category</i>	<i>Target</i>	<i>Care Description Note</i>
TGC	Environment	Relationship to disease
S	Environment	Mold and moisture
S	Environment	Pests such as rodents, cockroaches
S	Environment	Feathery and/or furry pets (cat, dog, bird, hamster, other)
S	Environment	Dust, excess clutter
S	Environment	Consumer products such as cleaning products personal care products, fragranced products, and ozone air cleaners
S	Environment	Odors, cooking practices
S	Environment	Supplemental Heating Sources such as wood burning stove, fireplace, unvented kerosene or gas space heater
TGC	Durable Medical Equipment	Products to reduce environmental triggers include bed and pillow encasements, HEPA vacuum cleaner, portable HEPA air cleaner, furnace filters, dehumidifiers
TGC	Environment	Cleaning and vacuuming (frequency and proper technique)
TGC	Environment	Integrated pest management, health effects of pesticides
TGC	Environment	Emphasize environmental triggers in bedroom/sleeping area

### Substance Use

<i>Category</i>	<i>Target</i>	<i>Care Description Note</i>
S	Substance use cessation	Use pattern
S	Environment	Environmental tobacco smoke
CM	Other community resource	Telephone information/reassurance: direct referrals may be make to smoking cessation programs on behalf of clients