

# Heart Transplant

## CLIENT CARE PLAN

Client: \*Pathways , CarePlan

Client ID#: 1165425300  
Admission Date: 12-06-2006

26 Skin Potential Problem Individual

Admission Rating                    K     B     S  
Desired Outcome                    K     B     S

Cat.	Target	Care Description Note
S	Signs/Symptoms-Physical	Other Integument status Assess incision for S/S of infection, healing and overall integument status
TGC	Signs/Symptoms-Physical	Evidence of Disease / Infection S/S of Infection 1) Teach patient S/S of infection; to observe for increased pain at site, drainage, redness or warmth around the incision, fever, chills, swelling 2) Teach signs of healing; observe for decrease pain, absence of redness, drainage, incision healing 3) Teach to support sternum when coughing
TGC	Dressing Change/Wound Care	Recommended Technique Teach patient/caregiver dressing change procedure using prescribed technique and frequency as ordered by MD
TGC	Skin Care	Hygiene Teach skin care of closed incision line and peri skin

29 Circulation Potential Problem Individual

Admission Rating                    K     B     S  
Desired Outcome                    K     B     S

Cat.	Target	Care Description Note
TGC	Signs/Symptoms-Physical	Other 1) Teach how to contact MD/RN if questions or problems 2) Teach pt to daily check weight, blood pressure, temp, pulse and record in transplant log book 3) Teach pt to call Transplant Coordinator to report an abnormal readings 4) Teach pt to follow surgical precautions & weight restrictions as prescribed 5) Teach balance of rest & activity and deep breathing
TGC	Laboratory Findings	Other 1) Teach patient how to call for transplant lab results 2) Teach pt to call Transplant Coordinator with lab results and other required information, ie wt, v/s as directed by coordinator
TGC	Nutritionist Care	Other 1) Teach prescribed diet 2) Teach diet for healing, increase protein & Vit C 3) Teach use of nutritional supplements as needed 4) Teach adequate hydration

# Heart Transplant (2)

Client Care Plan

1165425300

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Cat.	Target	Care Description Note
TP	Specimen Collection	Other Specimen collection for transplant lab as prescribed by MD
S	Signs/Symptoms-Physical	Other 1) Assess for signs of heart failure or rejection: fever, SOB, fatigue, decrease blood pressure, jugular vein distention 2) Assess for overall ability of pt/caregiver to manage all aspects of past transplant care