

# Asthma

## CLIENT CARE PLAN

Client: \*Pathways , CarePlan

Client ID#:

1165425300

Admission Date:

12-06-2006

28 Respiration

Potential Problem

Admission Rating                      K            B            S  
Desired Outcome                      K            B            S

Cat.	Target	Care Description Note
TGC	Anatomy/Physiology	Respiratory System 1) Asthma disease process 2) Common signs / symptoms (Wheezing, cough, SOB)
TGC	Respiratory Care	Avoid Allergens, Smoking / Other Substance Use, Second-Hand Smoke, and Temperature Extremes 1) Teach client how to identify their individual asthma triggers 2) Teach & encourage client to make necessary environmental changes
TGC	Durable Medical Equipment	Other 1) Encourage client to ask physician about Peak Flow Meter (PFM) to measure lung volume at home 2) Teach benefits of using PFM 3) Teach how to use PFM 4) Teach how to find personal best number
TGC	Safety	Other 1) Discuss importance of an asthma action plan 2) Encourage client to ask physician about asthma action plan 3) Discuss asthma emergency plan
TGC	Signs/Symptoms-Physical	When to Notify Providers Identify changes in asthma 1) Change in Peak Flow Meter (PFM) 2) Using / needing more medications than prescribed 3) SOB 4) Waking up at night with symptoms
S	Signs/Symptoms-Physical	Evidence of Disease / Infection 1) Lung sounds 2) Vital signs 3) Sputum color, amount and characteristics 4) Skin color 5) Medication use 6) Results of Peak Flow Meter (PFM) and Lung Function Tests
TGC	Nutritionist Care	Other Teach and assess 1) Prescribed diet 2) Frequent small meals 3) Adequate hydration
S	Discipline	Other Assess for needs of HHA, PT, OT
TGC	Mobility/Transfers	Balanced Rest / Activity Teach and assess balance of rest and activity

Employee Signature \_\_\_\_\_ Date \_\_\_\_\_

# Asthma (2)

\*Pathways , CarePlan

42 Medication Regimen Potential Problem

**Admission Rating**                    **K**      **B**      **S**  
**Desired Outcome**                   **K**      **B**      **S**

<i>Cat.</i>	<i>Target</i>	<i>Care Description Note</i>
TGC	Medication Action/Side Effects	Purpose / Benefits 1) Teach difference between controller inhalant & rescue inhalant 2) Teach potential side effects of each prescribed inhalant
TGC	Medication Administration	Follows Correct Technique 1) Inhaler / neb use 2) Inhaler / neb care 3) Use spacer to help deliver med more effectively 4) Rinse mouth after use to prevent yeast infection
TGC	Signs/Symptoms-Physical	Evidence Of Infection At Administration Site 1) Change in PFM readings 2) Using more reliever medication than prescribed 3) Increase of asthma symptoms at night
CM	Medication Coordination/Ordering	Monitor Supply 1) Determine who will set-up, reorder & pick-up medications 2) Client should have at least a 30-day supply of medications on hand at all times
S	Medication Administration	Takes Medications As Prescribed / Recommended Inhalers Oxygen-if on oxygen, use Oxygen pathway

41 Health Care Supervision Potential Problem

**Admission Rating**                    **K**      **B**      **S**  
**Desired Outcome**                   **K**      **B**      **S**

<i>Cat.</i>	<i>Target</i>	<i>Care Description Note</i>
TGC	Wellness	Importance Of Routine Preventive Evaluations Encourage client to ask physician about the Standards of Care for people with asthma 1) Review asthma action plan annually 2) Peak Flow Meter (PFM) 3) Flu / pneumonia vaccines 4) Annual spirometry test 5) Allergy assessments
CM	Nursing Care	Coordination Among Providers