

CAD

CLIENT CARE PLAN

Client: *Pathways , CarePlan

Client ID#:

1165425300

Admission Date:

12-06-2006

29 Circulation

Potential Problem

Admission Rating K B S
 Desired Outcome K B S

Cat.	Target	Care Description Note
TGC	Anatomy/Physiology	Circulatory System 1) Normal heart function 2) CAD / atherosclerosis disease process 3) Difference between angina & heart attack 4) Difference between stable and unstable angina
TGC	Cardiac Care	Identify / Change Factors that Increase Symptoms Teach risk factor management / healthy choices 1) Low fat / low sodium / low cholesterol diet 2) Exercise 3) Smoking cessation 4) Decrease alcohol consumption 5) Medication compliance
TGC	Signs/Symptoms-Physical	When to Notify Providers 1) Increase in nitro use 2) Chest pain not relieved by rest or nitroglycerin
TGC	Laboratory Findings	Interpretation of Blood and Urine Tests 1) Teach client about cholesterol values (LDL, HDL, Total & Triglycerides) 2) Annual diabetes screening per physician order
TGC	Wellness	Other Teach importance of: 1) Periodic blood pressure checks 2) Annual lipid profile 3) Annual diabetes screening 4) Flu / pneumonia vaccines 5) Annual physical exam
S	Signs/Symptoms-Physical	Other 1) Vital signs 2) Chest pain 3) Nitro use 4) Medication compliance

35 Nutrition

Potential Problem

Admission Rating K B S
 Desired Outcome K B S

*Pathways , CarePlan

<i>Cat.</i>	<i>Target</i>	<i>Care Description Note</i>
TGC	Dietary Management	Recommended Diet As recommended per physician 1) Low sodium 2) Low fat 3) Low cholesterol
TGC	Behavior Modification	Alter Eating Habits 1) Diet diary 2) Eat smaller more frequent meals throughout day

42 Medication Regimen

Potential Problem

Admission Rating	K	B	S
Desired Outcome	K	B	S

<i>Cat.</i>	<i>Target</i>	<i>Care Description Note</i>
TGC	Medication Action/Side Effects	Purpose / Benefits Nitroglycerin action & side effects
TGC	Medication Administration	Follows Correct Technique 1) Proper Nitroglycerin use 2) Emergency plan if Nitro does not resolve chest pain